

THE MUSES EROTICA POETICA

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THE MUSES

EROTICA POETICA

EDITION

ILLUMINATION

THE MUSES SPRING 2026



“The erotic is a measure between the beginnings of our sense of self and the chaos of our strongest feelings. It is an internal sense of satisfaction to which, once we have experienced it, we know we can aspire. For having experienced the fullness of this depth of feeling and recognizing its power, in honor and self-respect we can require no less of ourselves.”
-Audre Lorde

WELCOME TO THE MUSES: EROTICA POETICA.



Not just a season of pleasure – but also a season of power.

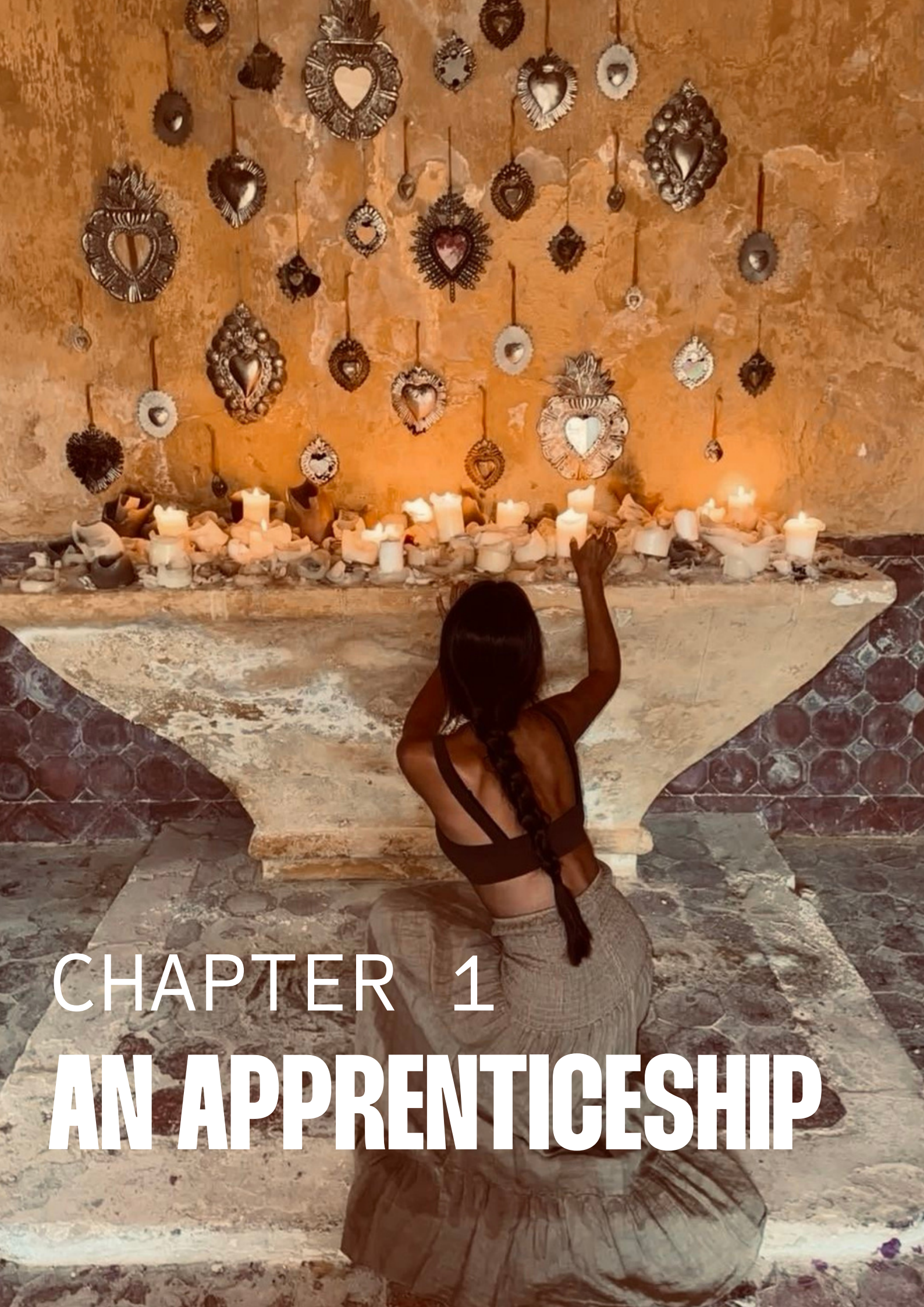
The one almost too soft to name. Just felt. Just moved. The power of the Erotic. The Erotic found in Poetry and The Poetic found in the Erotics, are perhaps some of my most cherished MUSES this last year.

Ironically enough this season is inspired by the erotic and poetic awakening I found myself broadening into through during my 1,5 years of celibacy and grief. Eroticism is not just about feeling hot, though of course, please do – it is about restoring a greater intimacy and felt dialogue with all things life, your inner life included. It is my own experience that Eros has brought forth some of my most potent work, writing and thoughts. A raw, expressed and wildly alive current seems to be moving through me. A radical and no nonsense approach to life. It is also an energy that has nurtured me back to a state of pleasure, enjoyment and nourishment after years of depletion from grief.

Often when we are going through a time of crisis or disconnection from our soul, we are taught to push harder, search harder or look harder – instead I invite you to eat the fruit with me, and journey into the enchanting, mysterious and deep journey that is Erotica Poetica – and see what might be in store for you.

In this poetic collection I will be sharing invitations for reflection and integration alongside excerpts of my poetry and essays. It is my greatest intention that for these next 6-weeks that you find a deeper connection to your own sense of aliveness, in which a richer expression of power, magnetism and zest for life is remembered and felt in your life, your relationships and your vocation. This one is a love letter to all things life!

With Poetry and Power,
Amanda



CHAPTER 1

AN APPRENTICESHIP

INITIATION OF THE EROTIC

"It has been an apprenticeship in pleasure. I have found pleasure in life anew. Beyond the commodified, sexualized tale we are taught about (female) eroticism. I wrap my lips around a frozen, green grape. I suck on the flesh until it melts in my mouth; turn it into jelly. Pay attention to the delicate taste of green grapes. You might just miss it. I have found pleasure in laying my body stretched across my silken sheets, dyed with nature's color herself: pink, green and brown. The way the sheet wraps around my shin, up my thigh. The smooth fabric caressing my back like a lover's hand. In the morning I purr when the sunlight playfully kisses me awake. Pleasure, I have found, has insisted to be invoked in my determined devotion and primal longing for pleasure itself. The way the night bloomers share their fragrance, only when darkness encompasses all. Seductively like a secret lover."

An Apprenticeship in Pleasure



!grab your journal: reflection

– Initiated By Eros:

What is your relationship with your own erotic nature; as a creator, lover, muse and maker?

In your life, with yourself, your relationship and your vocation.

– Wrap Your Lips Around a Grape:

What opens when you let yourself linger, even lazily, with your present moment?

Let it be food, a piece of music, or a feeling.

What opens up inside of you?

– Pleasure, Have You Found:

What is pleasurable to you? Words, scents, fabrics, foods, feels.

What would be the most poetic way of life for you to live?

How do you start your day, how does it feel, how do you feel, what do you do?

Write it down.



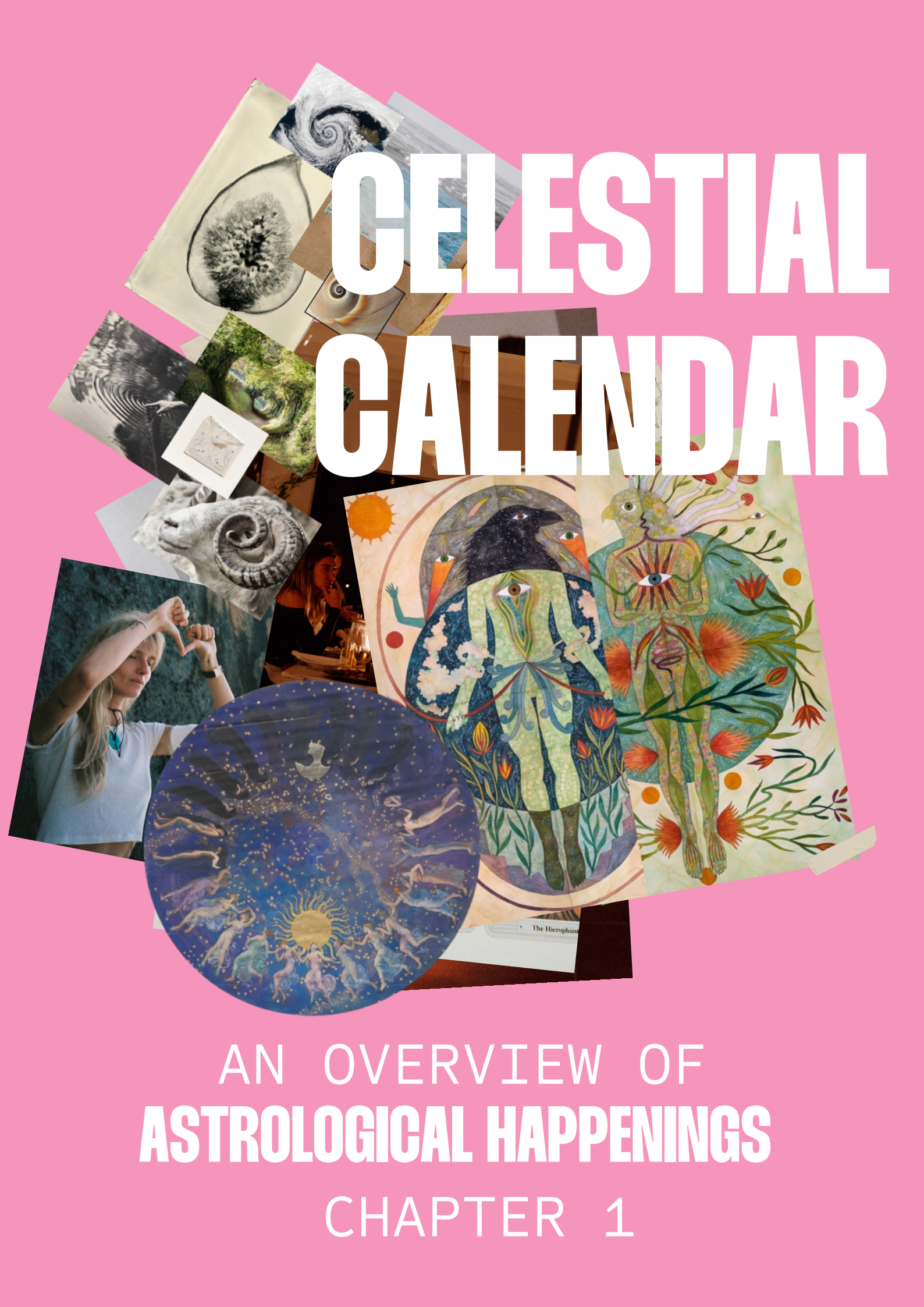
RITUAL

Create something in devotion to your Erotic Nature based on your reflections; a piece of art, a poem, a playlist, a film or a self-portrait. Keep it close for the next 6-weeks.

Share it with THE MUSES.



CELESTIAL CALENDAR

A vibrant pink background serves as a canvas for a collage of diverse images. At the top, the title 'CELESTIAL CALENDAR' is written in large, bold, white capital letters. Below the title, the collage includes a black and white photograph of a ram's head with large, curved horns; a photograph of a woman with long blonde hair making a heart shape with her hands; a circular astrological chart with a blue background and golden figures; and several abstract and symbolic paintings, including one with a large black bird and another with a green figure and a large eye. The images are layered and tilted, creating a dynamic and artistic composition.

AN OVERVIEW OF
ASTROLOGICAL HAPPENINGS
CHAPTER 1

MAY 11TH - 20TH

We open The Muses Erotica Poetica just as Pluto begins its retrograde in Aquarius. In a Pluto RX, **we draw our power inward**, letting it feed us from the depths, and letting that power **expand us from within**. Venus has just opposed Lilith days before we open our first chapter together, showing us the **full range of the feminine spectrum between the graceful beauty and the raw and untamed**.

From this space, in between Lilith and Venus, with the power of Pluto humming in our bones, we begin our journey together.

MAY 14

MERCURY CAZIMI
SEXTILING
JUPITER

The Sun and Mercury are in exact alignment, merging consciousness, mind, thoughts, and words in luminous harmony. Mercury is the mind, it is our thought patterns, how we express and communicate, and how we perceive and label the world around us. In that sense, Mercury, and your natal placement, shapes our reality perhaps more than any other planet. The Sun, on the other hand, represents a different form of expression and consciousness. It is what lights us up, how we operate, who we are beyond thought patterns. In this strong cazimi, forming a beautiful and supportive sextile to Jupiter, our mind and consciousness awaken, breathe, expand, and wire with new speed. Harness your ideas during this transit.

The Moon aligns with the Sun in Taurus for a beautiful and grounding new moon. New moons are a perfect moment for stillness, for turning inward, for planting seeds to carry you through your next cycle. In Taurus, this new moon asks us to reflect on what we value, how we secure and nurture ourselves. Connected to Venus and the second house, we work with energies of money, creativity, pleasure, beauty, and relationships. This Venusian energy runs deep. It nurtures every cell and wraps them in sweet honey. But Mars conjunct Chiron on this new moon gives it an edge, a rawness that leaves us feeling open and vulnerable. Take this time to nurture yourself. Sink into your favorite Venusian rituals, body oils, self massage, silk robes, crisp sheets, and juicy moments on your own.

MAY 16

NEW MOON IN
TAURUS AND MARS
CONJUNCTS CHIRON



MAY 17

**MERCURY ENTERS
GEMINI AND
CONJUNCTS
URANUS**

The planet of the mind returns to its home sign in Gemini, landing here together with Uranus. There is a similar flavor to these three energies. Gemini is ruled by Mercury, and Uranus, with its electric currents and eagle vision, feels very Gemini coded in its expression. Together in the first degree of Gemini, they form a strong cosmic duo, blazing through us with new perspectives, fresh energy, and lightning speed. This energetic imprint will continue to shape our reality, rewire our minds, and challenge what we perceive as reality over the next seven years of Uranus in Gemini. But today, with the activation of Mercury, we feel this current ripple through us, initiating a new cycle.

Over the next few days, all personal planets will change signs. First out is Mars, leaving its home sign in Aries and sinking into stable Taurus, moving from fire and initiation into grounded earth. Mars in Taurus is steady, strong, and determined. It will keep you on your course, sustaining what Mars in Aries ignited.

MAY 18

MARS ENTERS TAURUS

MAY 19

VENUS ENTERS CANCER



Venus sinks into Cancer, softening our edges and melting our walls. In Cancer, Venus is receptive, sensitive, and supportive. Her nature is lunar, intuitive, and vulnerable. As Venus moves through Cancer, our emotional awareness rises, like the tide, and we deepen into our shell.