

DREAMING WITH  
MY EYES OPEN

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# THE MUSES

## Dreaming With My Eyes Open

# EDITION

ILLUMINATION

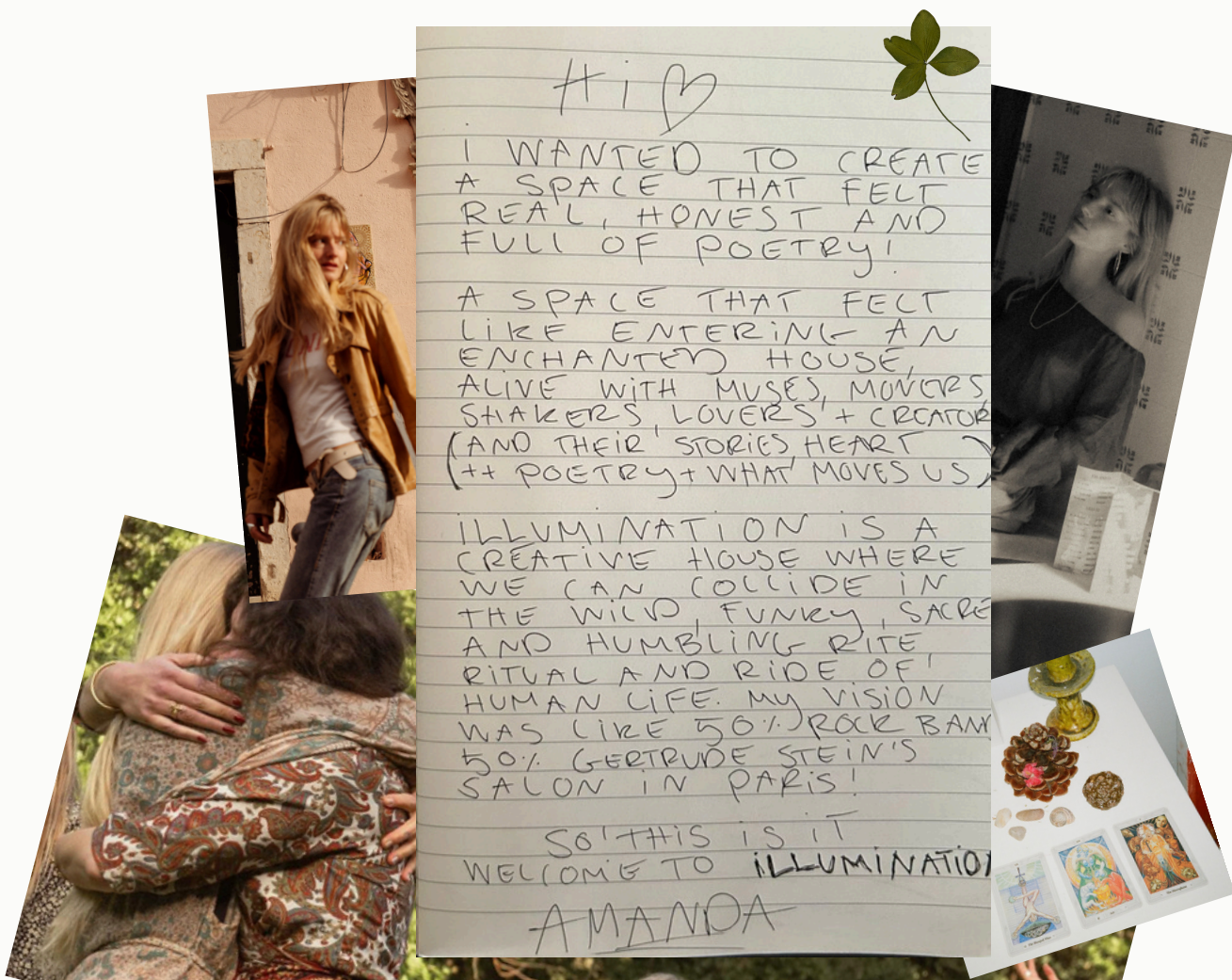
THE MUSES  
FEBRUARY 2025

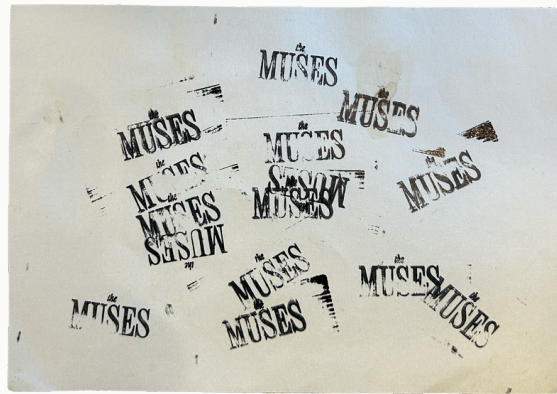


AWAKE!

Enter a new era with THE MUSES.  
This Aquarius and Pisces season we want you  
to dance with your bare feet in a landscape of  
colliding dreams and realities, lucidity and  
poetry, community and connectivity. Weave  
your destiny, attune your intuitive  
instrument, ignite your creative genius and  
invoke The Muse within.

THE MUSES is dedicated to guiding you home within your bones through a poetic blend of mythic practices, healing arts and dynamic conversations. Alongside other curious minds, you'll explore the sacredness of ecstatic living and awaken your wildest, most expressed creative self through practices like Kundalini yoga, daily meditations, punk-rock poetry and engagement with a lineup of brilliant women in educational and spiritual sessions, uniquely curated for each season.





THE MUSES is a creative and global collective for those who are ready to remember who they are, ignite their inner fire and become catalysts of change. Through embodied rituals, integrated accountability and daily bouts of inspiration, you'll come into your own iteration of liberation.

In THE MUSES Edition you'll find a collection of journal questions, invitations to reflection, our G-O-D protocol and a celestial calendar to attune to the language of your soul! Whether you find yourself in a more poetic or practical season of life, THE MUSES Edition is a backbone for the coming 6 weeks.

I am so excited to trip with you,

Big Love

Amanda





# CELESTIAL CALENDAR

AN OVERVIEW OF ASTROLOGICAL HAPPENINGS  
DURING OUR 6 WEEKS TOGETHER

FEBRUARY 3TH — MARCH 14TH 2025





Date	Transit and Key Sentence	Short Note
<b>FEB 4TH</b>	<p>Venus enters Aries + Jupiter direct in Gemini</p> <p>Venus in Aries asks us to step into our worth and take aligned action toward our truest desires.</p>	<p>Venus moves into Aries—a powerful time to birth new creations. Venus in Aries asks us to step into our worth and take aligned action toward our truest desires. Whatever we need during this time, Venus in Aries asks for it, calls it in, and instantly brings it into orbit. This energy is fast and unblocked, turning ideas into action.</p> <p>With Jupiter going direct in Gemini today, this is also a great time of expansion. During its retrograde, Jupiter worked on our inner growth, re-setting our nervous system and expanding our aura to help us hold more. Now, with Jupiter moving direct, we cast a wider net on our reality and watch our vision expand.</p>
<b>FEB 9TH</b>	<p>Sun and Mercury conjunct in Aquarius</p> <p>Downloads and epiphanies await us as new streams of consciousness illuminate our minds.</p>	<p>Downloads and epiphanies await us as the Sun conjuncts Mercury in Aquarius today. Mercury, the planet of our thoughts and ideas, is now illuminated brightly by the Sun in Aquarius, the water bearer pouring new streams of consciousness. This energy is like an antenna, a satellite, tuning our minds into new waves of frequencies.</p> <p>Take a moment today to drop into your heart space, the anchor and grounding needed to receive the ideas flowing through you, and journal, write, speak, create.</p>



**FEB 12TH**

## Full moon in Leo squares Uranus

Unlocking our hearts, shaking us to our core, stepping into our authentic selves.

The Moon in Leo opposes the Sun in Aquarius, unlocking our heart's truest desires. The axis of Aquarius and Leo is the axis of individuation—where our authentic self, the ego, transcends and merges with the collective soul. This energy calls us to open our hearts and allow ourselves to be fully seen for who we are.

With this full moon squaring Uranus, we can expect to be shaken to our very core and confront realizations about our authentic self and how we perceive and express ourselves. This full moon in Leo is a time to shine bright, open our hearts, and to show the world who we truly are.

**FEB 14TH**

## Mercury enters Pisces

Dropping into deeper states of consciousness as our intellect transcends into higher realms.

Mercury moves from high-speed, interconnected Aquarius to nebulous Pisces, dropping our minds into deeper states of consciousness and our dream realms. This is a powerful time for meditation, as the planet of information, communication, and intel swims in the deep waters of Pisces—the embryonic fluid of the universe. This is also highly creative energy, where our intellect transcends into higher realms.

Mercury in Pisces also draws us out of our minds and into our bodies. The downloads over the next few months will be intuitively felt, especially if you have your natal Mercury, Neptune, Moon, or IC in Pisces or the 12th house. Take note of your dreams (literally) during this time to feel into what your subconscious is trying to tell you.



**FEB 18TH**

## Sun enters Pisces

Pisces Season:  
the embryonic  
fluid of the  
universe,  
where  
creations are  
birthed.

We enter Pisces season, the last sign of the zodiac and the sign of our dreams and subconscious states. Pisces is beyond time and space, the embryonic fluid of the universe.

Moving into Pisces season allows us to sink deeper into our own consciousness and explore the dreams that lie beneath the surface. This is a season for intuitive downloads, intel that is felt rather than rationalized, and an incredibly creative container to hold our ideas and dreams until they can start to take form.

**FEB 24TH**

## Mars direct in Cancer

Time to take  
aligned action,  
set things in  
motion, and  
connect to our  
feminine  
force.

After nearly three months in retrograde, Mars goes direct again in Cancer—bringing us back to forward momentum. Mars is our force and determination. It's how we take action. With this planet in retrograde, we've been holding ourselves back from initiation and taking action toward our desires. Mars going direct sets us in motion, allowing us to take all the energy we've built up and express it, bringing it into 3D.

Although Mars direct gives us a boost of energy, this warrior planet is still in the sign of nurturing and maternal Cancer, shedding a different light on what feminine force looks like. This energy will fight fiercely for its own heart, its inner child, and its closest tribe.



**FEB 28TH**

## New Moon in Pisces

An intuitive state of knowing, a time for us to let go of our thinking mind and explore a deeper state of being.

Our emotional landscape and inner world are in focus this New Moon in Pisces. We already have several planets lined up in this nebulous sign, as well as March in a water sign, bringing emotions to the surface. As the Sun (the conscious) aligns with the Moon (the subconscious), our minds find clarity and we plant new intentions.

With so much energy concentrated in Pisces—Mercury, Neptune, and Saturn are all conjunct with the North Node in Pisces—this New Moon energy is an intuitive state of knowing, a time for us to let go of our thinking mind and drop into a deeper state of being. The healing rituals of Virgo are your medicine through this New Moon and strong Piscean transits. Root your body through practice, rituals, and nutrition. The more you can anchor your body into grounding, the more you can drop into your subconscious and the deep compassion and healing that await below the surface.

**MARCH 2ND**

## Venus Retrograde in Aries

A six-week inward journey of deep reflection on our relationship

The planet of love, beauty, and relationships starts its fiery retrograde through Aries. This is a six-week inward journey of deep reflection on our relationship with ourselves, how we relate to our own self-worth, and what we need in love and relationships.

The first half of this Venus retrograde is in fiery Aries, asking us what we truly want from life and how we value ourselves. The second half of this retrograde is in dreamy Pisces, softening the edges around our hearts and showing us where we need deeper care and love for ourselves.

with ourselves,  
how we relate  
to our own self-  
worth, and  
what we need  
in love.

This Venus retrograde invites us to hold our own hearts with deeper compassion and shows us what we truly desire from love.

**MARCH 3RD**

Mercury enters  
Aries

Starting new  
cycles free  
from old  
thought  
patterns,  
moving  
through  
mental blocks,  
and putting  
ideas into  
motion.

We move through the realms in-between as the planets dip in and out of Pisces and Aries. Pisces is the last sign of the zodiac, representing endings, closure, and everything beyond time and space. Aries is the beginning, the birth of something new.

With the planets moving between Pisces and Aries, we dance in the space in-between death and rebirth, the portals to new dimensions.

Mercury moving from Pisces to Aries lets our mind re-enter the loop of existence, starting a new cycle free from old thought patterns. Mercury in Aries speaks its mind without hesitation, moving through mental blocks, and putting ideas into motion. This energy allows us to look ahead, pulling us out of the Piscean dream-fog, so that we take aligned action and start new chapters.

**MARCH 11th**

Mercury  
conjunct  
Venus in Aries

Communicate  
beauty, write,  
journal, create  
magic.

As we are deep in Venus retrograde and reflecting on our relationships with ourselves, Mercury crosses over Venus to bring us clarity in this state of introspection. Mercury and Venus bring us harmony. Together, they communicate beauty. This is a perfect time to write, to communicate, to voice what is in our hearts—even if it's only in our own journals, keeping the work internal. Muses, create your magic, and send kind and loving thoughts to yourselves and the community.



**MARCH 12th**

## Sun conjunct Saturn in Pisces

Illuminating  
cracks in our  
foundation and  
blocks in our  
subconscious.

As we build up to the coming full moon and lunar eclipse in the next couple of days, the Sun conjunct Saturn in Pisces illuminates any cracks in our foundations, any blocks in our subconscious, and anything that we are ready to let go of as this energy builds and slowly releases over the next week. The Sun's light on Saturn shows us our patterns.

Being in Pisces, we are working deep under the surface, in the innermost workings of our minds. Take note of anything that comes up for you, in your dreams or deepest thoughts. This might point to something you are ready to release or heal in the upcoming lunar eclipse.

**MARCH 14th**

## Lunar Eclipse in Virgo

The eclipse  
portal is open.  
Feel held by  
the universe as  
we dissolve our  
blocks and  
transcend into  
pure creation.

We move through our first eclipse of the year and the new nodal axis.

This lunar eclipse in Virgo is deeply healing—the antidote to the strong Piscean energy of the past month. Virgo, deeply discerning, sees the highest potential and refines it through daily practice and rituals. Grounded and nourishing, this earth energy supports us if we can move beyond self-criticism and perfectionism.

This eclipse calls us to release the pressure of how things should look or how we should perform, inviting us to simply be. Eclipses reveal where we need to evolve, pushing us out of comfort zones that feel safe but hold us back. Trust that Pisces will guide you, dissolving mental blocks and helping you transcend into pure creation.

The G-O-D protocol is an easy and simple way of structuring and delegating what you're working on, deepening into or dreaming in. Generating, Organizing and Delivering can support us in freeing up space, moving the needle and creating momentum by co-creating with The Universe. You can apply the G-O-D Protocol in whatever way you like, whether you're in a more poetic or practical season of life. Some of you might thrive off following a list and a routine, others (like myself) thrive off having a broader overview and getting to each thing in their own time. You do you!

# THE G

## ENERGATE

What needs to be started, initiated, seeded or generated to support moving your vision into reality.

*Example: Send the email, say yes to date, work on the resume, post the story, ask for the number, turn off your phone, buy the outfit, pen to paper, start the vision.*

# O

## RGANIZE

Create more space for the vision to move through and in. Release, delegate, and delete.

*Declutter your wardrobe, thought patterns, or subscription, backup your computer, unfollow what doesn't speak to you, set things straight in your relationships (doesn't have to be a dramatic goodbye to half your friend circle, but maybe some things need to change), pay your bills, get real with the vision.*

# D

## ELIVER

Engage with life and start turning the wheels.

*Go to the interview, go on the date, do your practice, go for a run, set time aside for yourself everyday, keep your word (to yourself, first and foremost), send the pitch, host the workshop, deliver the vision.*



# PROTOCOL



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## Dreaming With My Eyes Open



My intention / dream / vision / prayer  
/ wish for the next 6-weeks:

What area of my life yearns for more poetry, flow,  
dreaminess and creativity?

What area of my life calls for more structure,  
action and responsibility?

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# CHAPTER 1

## Oh! These CELESTIAL Bodies

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**MY INTENTION FOR THIS WEEK IS:**

## **THE G-O-D PROTOCOL**

Generate:

Organize:

Deliver:

**WHAT MOVED ME:**

**FREE FLOW:**

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# CHAPTER 2

## SHAKE

### Dreams

### from Your

### Hair

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**MY INTENTION FOR THIS WEEK IS:**

## **THE G-O-D PROTOCOL**

Generate:

Organize:

Deliver:

**WHAT MOVED ME:**

**FREE FLOW:**

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# CHAPTER 3

## Poetry is the ORIGINAL PRAYER

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**MY INTENTION FOR THIS WEEK IS:**

## **THE G-O-D PROTOCOL**

Generate:

Organize:

Deliver:

**WHAT MOVED ME:**

**FREE FLOW:**



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# CHAPTER 4

## Spilling Over. DREAMING

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**MY INTENTION FOR THIS WEEK IS:**

## **THE G-O-D PROTOCOL**

Generate:

Organize:

Deliver:

**WHAT MOVED ME:**

**FREE FLOW:**